

The Calder Learning Trust

Brier Hey Lane, Mytholmroyd, Hebden Bridge, West Yorkshire HX7 5QN

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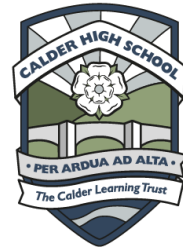
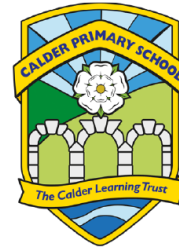
Enquiries: parentenquiry@calderlearningtrust.com

Website: calderlearningtrust.com

Head of The Calder Learning Trust - Mr A Guise

Head of Calder Primary School - Mrs K Lambert

Head of Calder High School - Mr A Taylor



19.01.23

Emotional and Mental Health Parent Session

Dear Parents/Carers,

Following on from the feedback from my parent survey, I have arranged a session for parents or carers to attend and this will take place on **Thursday 25th January at 2:30pm in Calder Primary.**

I aim to provide support and resources on a range of topics related to emotional health and wellbeing, including signposting to local services. This is open to parents and carers of all primary pupils and is an introduction to supporting all children - whether they currently have any needs or not.

It will also be an opportunity to have general discussions and for me to gather feedback and ideas for moving forward in my work at Calder Primary School.

Tea and coffee will be provided!

It would be most helpful if you could confirm with Mrs Pickup if you, or a family member, are able to attend to help me plan the session and resources.

I have also been working with school to help plan sessions in for each class, both with myself and also Time Out Calderdale and we are busy with our preparations for Children's Mental Health week.

I hope to see you on Thursday!

Yours Sincerely,

Amber Wrigley

Education Mental Health Practitioner (EMHP)

Northpoint Wellbeing Limited

Everybody, Everyday

