



Week 5 – Year 5/6: Learning Project - Sport

Weekly Reading Tasks	Weekly SPaG Tasks
<p>Monday- Read the sports pages of a newspaper and consider the language used. Pick out any interesting language and add it to a sports' word bank.</p>	<p>Monday- Can you list sport related noun phrases and verbs that correspond with each letter of the alphabet? This will help with your writing tasks this week.</p>
<p>Tuesday- Pick from listening to a free age-appropriate audiobook here or continue with their chapter book, or complete the reading comprehension for your year group from the school website.</p>	<p>Tuesday- Practise your spellings for this week. You can use a sheet of paper and write them out (drawing round them to see the shape of the word helps some people) or go on to Spelling Frame</p>
<p>Wednesday- Listen to and read along with Arundel Swimming Pool. Can you summarise each verse using one word only?</p>	<p>Wednesday- Create your own sporting wordsearch. This could include the names of athletes, sports or sporting equipment.</p>
<p>Thursday- Here is a reading comprehension activity about circus performers. Read the text and complete the questions.</p>	<p>Thursday- Complete your SPaG tasks from the school website for your year group.</p>
<p>Friday- Consider the actions of a character in a book you've recently read. Do you agree or disagree with the actions? Verbally give reasons for your opinions and then try to write it out. Don't forget justify using evidence from the text.</p>	<p>Friday- Ask an adult to help you with your spelling test. Then choose 5 words from your list and write a synonym, antonym, the meaning and an example of how to use the word in a sentence.</p>
Weekly Writing Tasks	Weekly Maths Tasks
<p>Monday- Visit the Literacy Shed for The Catch. Or create a short victory story about a character succeeding. Aim for around 500 words.</p>	<p>Monday- Watch this video to understand the difference between reflection, translation and rotation. Create a poster explaining the differences between them.</p>
<p>Tuesday- Write two short newspaper articles on a sport of your choice, one reporting on an event and the other reporting 'behind the scenes'. Pay attention to the different language that will be used in each. Can you include direct speech from 'interviews'? Think how this would be different behind the scenes with professionals to what it would be spectating with fans.</p>	<p>Tuesday- Ask an adult to place several household objects on the ground indoors or in the garden spaced apart. Put a blindfold on and see if they can use positional language, such as turn left, right, forwards, turn 90 degrees left, move forwards 3 spaces, clockwise etc, to lead you to the items.</p>
<p>Wednesday- Choose a sports person you admire. Can you create a biography which tells the story of their life in chronological order?</p>	<p>Wednesday- Using this online resource, make a pattern then reflect it. Or try this activity that allows reflecting, translating and rotating practice. Alternatively you could draw a grid in your book, colour in a pattern in one quadrant and then reflect it.</p>
<p>Thursday- Choose a sport which is popular in another country and write an information report, giving key details about the sport and its history.</p>	<p>Thursday- Complete the maths sheets from the school website for your year group, then have a go at either the White Rose Maths or BBC Bitesize lessons for the day.</p>

Friday- Create a persuasive leaflet for a new school sports club. Try to use persuasive language including modal verbs (e.g. will, should) and adverbs of possibility (certainly, probably).

Friday – Play catch. Each time the ball is caught, count up in a particular multiple (this could be any number between 2 and 100). If the ball is dropped, start again. It can be made harder by spacing out or by giving a higher target number.

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- **Sport Genius-** Research about [sporting history](#) and see how many different [facts](#) you can find out about sports from the past. Can you create your own sporting trivia quiz to test out on members of your household? Or place different sporting events from the last 100 years onto a timeline?
- **Sporting Heroes-** Choose your favourite sporting star. Can you draw a portrait of them in the style of the famous pop artist [Roy Lichtenstein](#) using felt tip pens or paint? Perhaps you could sketch out a famous moment from sporting history, such as England winning the 1966 world cup!
- **Name that Sport -** create an [orienteeing map](#) of your home/garden. At each location you will need to create a question relating to a sport e.g. Which sport has the most rules? The answers can then be recorded on an orienteeing sheet. For an extra challenge you could create an answer that begins with the letter of the next location! Test it out on a family member.
- **Beat It!**- Begin by measuring your resting heart rate by counting how many beats in a minute (or beats in 10 seconds and multiply by 6). Then carry out an exercise e.g. running, skipping, star jumps etc. for 2 minutes. Once you have completed this check your heart rate again, what is the difference in beats per minute, then complete a recovery activity e.g. walking or sitting to see how long it takes for your heart rate to go back to normal. Repeat this with different active and recovery exercises to see which if which activities get your heart pumping faster and which are the most effective at getting your [heart rate](#) back to normal the quickest. Can you create a way of showing their results?
- **Anyone Can Be a Champion!**- This activity is all about exploring the diversity of sport. Research the history of the [Paralympics](#) . Why do we have the Paralympics? Have you heard of any famous paralympians? What makes them a Paralympic? Create a poster which presents the importance of the Paralympics and the range of different sports there are.

This week also has VE day in it, [watch this video](#) and complete some of the following activities:

- Draw a celebration scene. Perhaps a street party or outside Buckingham palace
- Video/audio record the announcement of VE day
- Write a diary entry for the end of VE day, how might people be feeling? See if you know anyone who experienced it, call them and discuss VE day.
- Create a street party menu or shopping list
- Make some street party decorations

STEM Learning Opportunities

Heart Beaters

- Can you tickle yourself? How many litres of blood do you have in your body? How many times does your heart beat in a day? Test your family with a body trivia quiz. Create your own cards or download some from here: <https://bit.ly/2RFJVRN>
- The complete resource can be downloaded here: <https://bit.ly/3a9VtTU>

Additional learning resources parents may wish to engage with

- [BBC Bitesize](#) - Lots of videos and learning opportunities for all subjects.
- [Classroom Secrets Learning Packs](#) - Reading, writing and maths activities for different ages.
- [Twinkl](#) - Click on the link and sign up using your email address and creating a password. Use the offer code UKTWINKLHELPS.
- [White Rose Maths](#) online maths lessons. Watch a lesson video and complete the worksheet (can be downloaded and completed digitally).
- IXL online. Click here for [Year 5](#) or here for [Year 6](#). There are interactive games to play and guides for parents.
- [Rob Biddulph](#) – Easy to follow drawing tutorials! New videos are posted every Tuesday and Thursday at 10am. Share results with school or Rob using #DrawWithRob on Twitter.

The Learning Projects are based on the **National Curriculum expectations** for the key stage which your child is in. It may be that your child finds the tasks set within the Learning Project for their year group too simple. If this is the case, then we suggest that your child accesses the Learning Projects which are set for the key stage above. Equally, if the projects are too challenging, then we advise that your child accesses the projects for the key stage below.

If your child requires more of a challenge, or you believe that there are some gaps in their learning then [Century Tech](#) is a fantastic resource that is currently free for home learning. The app is designed to address gaps and misconceptions, provide challenge and enables children to retain new knowledge. It uses artificial intelligence to tailor the learning to your child's needs. Sign up [here](#).

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